



Le Monde Policy on Travel-Related Quarantine

Updated March 23, 2021

While the COVID-19 global pandemic continues, the CDC recommends avoiding non-essential travel. As a community, Le Monde recognizes that many people will continue to travel for a variety of reasons. We ask our community members to carefully consider the risks associated with travel as well as their actions and activities, and to make decisions that minimize their exposure to COVID-19. We have established the following expectations for post-travel quarantine with guidance from the Oregon Health Authority:

- Students and staff people arriving **via international air travel** must follow the Centers for Disease Control and Prevention (CDC) [testing and quarantine guidelines](#).
- If a student has travelled outside of Oregon/SW Washington or the United States, our preference is that they self-quarantine for 14 days. If a student or staff person travels by car with household or pod members, either within or outside of Oregon, and adheres to all standard safety protocols including mask-wearing in public places, Le Monde will not require a post-travel quarantine, despite our preference for a 14 day self-quarantine.
- If a student or staff person travels by public conveyance (plane, bus or train, not including local Portland-area transportation) they **must** quarantine at home before returning to school. They may choose one of the following quarantine options:
 - Quarantine at home for 10 days. If they have not experienced any symptoms during the quarantine, and have not been exposed to anyone with COVID-19 in the previous two weeks, they may return to school.
 - Quarantine at home for 7 days and take a test for COVID-19 within 48 hours of the end of the 7 days. If their test result is negative, and they have not experienced any symptoms during the quarantine period and have not been exposed to anyone with COVID-19 in the previous two weeks, they may submit their test result to the Le Monde office and return to school after completing the 7-day quarantine.
- Notwithstanding the above, individuals who have had 14 days pass since their final COVID vaccination shot are not required to quarantine, provided that they have no COVID-19 symptoms.